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## willing to change

"At any moment, you have a choice, that either leads you closer to your spirit or further away from it."

-- Thich Nhat Hahn

How many of you get confused to make choices?

How many of you cannot make proper choice and are dependent on others?

How many of you regret the whole life saying, "I wish...."?

How many of you love to blame others and not taking courage to stand for your own self?

How are you feeling in this moment? If you are not feeling great, are you willing to make the effort right now to shift your focus so you feel better? Finding something to appreciate will do it.

If you are not willing, that's okay. Don't judge yourself. Just be aware that you are choosing to stay where you are.

Life is all about choices and being responsible to your choices. If you are willing to change, be aware of your choices and actions. You are the one who creates your own future. You only can create a better future by allowing you to know what are the changes required.

"Choice of attention... is to the inner life what choice of action is to the outer. In both cases, a man is responsible for his choice and must accept the consequences, whatever they may be."

-- W.H. Auden

Are you willing to change? Are you really willing to make better choices for your peace, progress, positivity and prosperity?

***See you sometimes on your journey of exploring, reinventing and transcending towards your highest growth***

*With Divine Guidance for your best life*  
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