

Another year coming to an end...



2014,

Were you happy doing all activities?

Did you achieve your goals?

Did you work for your dreams?

Did you dare where you thought you can get your way out?

I am sure if things went right and if you felt light, you are moving in the right direction..you have invested rightly in all your moments.. you know what is joyful and passionate living, good for meaningful existence.....

I am sure if things went wrong, and if you felt heavy or stressed, you are finding right direction....sadness is an indicator to find happiness, depression is an indicator to find joy, breakups happened to find your true love within yourself, fear-greed-clinging-possessiveness-attachment all happened for a reason to find freedom..find true love within you...

Become aware of the criterion happening outside, which can be mirror to your own inner criterion, your own inner awareness, maybe you never got time to look within you, beautiful and wonderful you, whom you gave least importance... Limits only exist in the mind. Your mind has been programmed to believe in ideas like permanent boundaries, deadlines, "have to's", and that some things just are not possible! Your thoughts and emotions act like blinders, keeping you from seeing and FEELING all that you are capable of creating. The mind tends to remain focused on what isn't working out, instead of the myriad of infinite possibilities that are constantly there for the taking...

We live in a world that is full of infinite possibilities. The Universe is literally a matrix of possibilities that is constantly taking form based on the thoughts and feeling states of the beings that inhabit it. .

We have more possibilities available in each moment than we realize...become infinite possibilitarian..

With Love and Light,

Roop Lakhani

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