

## Article – April 2012



**Do we all have great relationships with all our near and dear people?**

**Why do we always have some or other problems in relationship?**

The day we are born, we start carrying the labels of relationship. The parents will say my child's name is so and so. The day we understand to talk as a child, we say he is my father, she is my mother, he is my brother, she is my sister, he is my uncle and she is my aunt. The day we get married, we have another set of relations. The day we die, there is a label, so and so, grandson or granddaughter of so and so, sister of so and so, brother of so and so, niece of so and so, nephew of so and so, had a sad demise.

Many people come to me seeking advice and guidance because they struggle with many blockages in their relationships with their parents or partners. It is very difficult to find a person who has not struggled at some time in their relationships.

**What is the root cause of blockages in relationships?**

**The true cause of blockages in relationships is karma.**

Karma is the root cause of success and failure in every aspect of life.

The law of cause and effect of physics apply strongly in karma. What you do to others you get the same things back, maybe this life or other life. What you give to the world, you get back the same.

Karma is the record of services or actions to what we attach the feelings and emotions.

Karma, virtue and deeds all are same things but in different words.

Karma can be divided in two, good and bad karmas. They together make the records of one's services in all past lives and in the present life. Good karma includes love, care, compassion, sincerity, honesty, generosity, kindness, purity and all other kinds of good services. Bad karma is a record of unpleasant services, such as killing, harming, taking advantage, cheating, stealing and all other kinds of unpleasant service.

Some people think:

I am a good person.

I am very kind.

I am so loving, but still why people are mean to me?

Why do people not like me in spite of me not bad to them?

Why don't my children respect me?

Why does my parents not love me like how they love my elder sister or abuse me so much?

Why does my partner not care for me?

Why am I not successful in having good relations with my girlfriend or boyfriend?

It's all about your records and accounts of good and bad karmas of your past lives and present life allows you to see the blockages in the present life, so don't be surprised with all such above questions.

Let me give you the magical two spiritual words to heal all the relationships.

***“LOVE & FORGIVENESS are the keys to any problems in any relationships.”***

This can happen when you do the forgiving at soul level and flow with love to all human beings at the heart level. Soul is the boss of human being. It is same all throughout our all lives, past life, present life and future lives. As you work at the soul level, many blockages in your relationships can be transformed. You may have heard the phrase **“what you shall sow, you shall reap.”** This is so very true for any karmic deeds or thoughts or actions we do in our any of the lives.

So friends, let's make efforts with ourselves consciously to be pure spiritual beings in this life. Let's do karma cleansing for any of our bad karmas of the past life or present life, by forgiving. Let's all of us do forgiving at the soul level. Let's all of us be loving to all humans at humanity level, in all possible situations with all people unconditionally.

Love is the language heard and appreciated by all, even blind and deaf. Let's all be aware to do good karma all the time, whether it is a thought or any action or deed or a gesture.

Let's be all aware of ourselves when we do bad karmas. Let's all be aware till the level we can hold ourselves when we are doing bad karmas. Let's all be aware the same time to forgive ourselves for doing the bad karmas and generate new awareness out of it, towards good karmas. Let's all be aware that only love can transform all the blockages. Let's all of us understand what is unconditional and selfless love in the true sense. Let's all of us understand what is harmony and peace in relationship. Let's all of us understand how can we bring harmony and peace in all humanity rather in all living beings. Let's all of us be true spiritual beings at the soul level.

***Love you all***

***With Divine Guidance***

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