

Article _____ **Diwali** _____ Festival of light _____ **D**elve and **I**ntrospect,
Work on your own self, **A**cept your dark sides, **L**earn and draw **I**nsights from it, for your well
being-----



Hi my all dear Light Beings, this article is meant only who wants LIGHT in their life,

Living in Light is Living in God. Living In Pure Consciousness. It is living life sensibly and fully here, wherever we are placed in our life. Generally we live away from life, searching for spirituality in distant area , not knowing that it is within us; not knowing that, if we raise the purity of level of thoughts, emotions, deed, soul spirits, There is God within each one of us, and we can reach God.

Living in light is thinking, emoting, acting in the highest and pure way. It is living in the Awareness of The Highest. There is no separate time for living in Light. It is all the time. There is no separate for this in life, like the old age, when we will make certain amount of money, making house, raising children, securing future. Living in Light is living now, living in the moment, living for today.

Knowledge brings wisdom and wisdom helps in living peaceful;;y and properly. People were born out of Light, The worlds were born out of Light. All life emerged at different layers of Creation. We were with the light as particles as particles of Light, called as souls. We desired to experience the life in new worlds and so we came down to the earth under the significance of several special souls who took the responsibility to guide us. On the way down, we gathered the sheaths containing the mind and the intellect and we gathered the vital and physical sheaths also and we brought our past Karmic sheaths and the special effects of our thoughts, emotions and actions also. As we went on taking births, these effects became the thick layers and they had to be cleared to enable us to go back to the Light, our world of Light, our souls. Meditation is the magical key to reach there. Forgiving is the door to the Light. Both clears the past Karmic accounts. When we cannot clear Karma ourselves, there are angels, gurus, Saints who came down to help us, to guide us, to show us the way to clear Karmas. They have the ability to see and communicate with The Ultimate Light, as we could not see due to thick layers on us.

Who are We? Why are we here? Where do we go from here? Why do we take birth again and again? Is 2012 going to be an end or beginning??!!!!

We exist here in this physical plane and we also exist in the subtler plane that is astral, simultaneously. The events occur first in astral plane and after seventy two hours manifests in physical plane. During these seventy two hours, it is possible to alter the events, prevent accident or sickness. But first we must be aware of it. Some people get premonition, dreams, flashes of vision, intuition, can predict if given special efforts. Such times are easily seen by angels, gurus, spiritual saints. The yuga has been changing from Satyuga, Tretayuga, Dwaparyuga and now to Kaliyuga. During these transitory periods, the cleansing and transformation process occurs at an individual and at global level. This is called as Pralaya. This Pralaya is not the destruction but is a

change. This change we are going to see in 2013. Change from the lower levels to the Higher Divine levels which is our natural level of purity and perfection. Pralaya provides thousand of opportunities to transform, coerces us and pushes us. It is our choice. Pralaya does not bring suffering or pain, both exists. Life is all about, pleasure and pain together, it is a blend of imperfections with perfections. The pains at times diminish but they do not vanish. The challenge is whether do we seek for our pleasures through our own thoughts and actions or do we seek in others and expect they should provide us????!!!! Again choice is ours whether we want Light or do we at least choose to travel towards Light????!!!! Once we choose to live here, we realize we have the knowledge, the wisdom, the strength, the true power, integrity, the kindness, the unconditional love, peace, harmony.... And this happens in our intellect and in our mind, in our soul, that is Light...

We live partly on this earth, we do not live fully. We are here to experience the diversity of Creation. We have to experience the Glory of God in Sunrise, Sunset, moon rise, chirping and flights of birds, blue skies, vast sea, flora and fauna, poems and songs, creation and blooming, fun and innocence. Experiencing all that is beautiful, natural and full of life, this is spiritual. To experience this we need to give away our fears, our insecurities, stress, tensions, jealousy, hatred, self hatred, resentment, sadness, hurts, disappointments, inadequacy..... if we work with our own self, we can become radiant beings..we become the Light, we become the Soul.....

For this, we need to be positive, we need to be taking responsibilities for our well being, we have to being The Awareness of Truth and Light, depend on Logic and Intuition equally, be pure in our thoughts and actions, do not hurt people with harsh words and actions, cultivate humility, respect everyone including you, recognize and experience beauty all around, develop will power, strength, determination, devotion, preserve the secrecy of material and spiritual goods without being too loud, push away the negatives, draw our contentment from the spiritual pursuits and not material, experience and spread LOVE, PEACE AND HARMONY...

With Divine Guidance

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